

# BREATH FRESHENER



## INGREDIENTS

Essential Oils ↓

**10 drops of Organic Clove**

**40 drops of Organic Peppermint**

**20 drops of Organic Cinnamon**

**2 ounces Distilled Water**

**2 teaspoons Organic Vegetable**

**Glycerin**

**2 ounces Organic Alcohol**

Only use essential oils that are labeled for ingestion, not all oils are made equal!

Organic Cane is a great choice

and: **6-ounce food-grade Spray Bottle to dispense**

## PREPARATION

**1** Mix Distilled Water and Organic Alcohol in Spray Bottle

**2** Add in Glycerine and Essential Oils

**3** Shake VERY well

It's that simple, enjoy your fresh breath!

As with anything containing alcohol, use with caution.

